



# Screamin' Eagle

## MILFORD FUN DAYS CELEBRATION

### FAMILY ADVENTURE RACE

Sunday August 22

Cost: \$10.00 Entry Fee

Check-in: 3:30 pm @ Milford City Park

Race Time: 4

pm

Minimum Personal Required gear list: Mountain Bike, Certified Helmet, Water Bottle

Minimum Team Required gear list: Cell Phone, Whistle

Recommended Gear List: Compass

Disciplines Include: Running/Walking, Biking, Inner-Tubes, Team Challenges, Mystery Events

Teams must consist of 3-5 people total and 1 or 2 adults!

**6 Divisions (Upcoming School Year):** Oldest child determines age group

**Pre-register by Thursday, August 19<sup>th</sup>, 2010 - Craig Bontrager 761-2454**

**Mail to: Milford Chamber of Commerce, P.O. Box 174, Milford, NE 68405**

### Official Entry Form

Team Name: \_\_\_\_\_ Team # \_\_\_\_\_

I hereby declare that even though the Screamin' Eagle Family Adventure Race is meant to be a fun, family oriented activity, that there are risks involved with running, hiking, biking and other activities that will take place during the event. I agree that it is my, and only my fault if I get hurt. I agree not to blame or hold anyone else responsible for anything related to this event except myself.

Team Captain: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Teammate 2: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Teammate 3: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Teammate 4: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Teammate 5: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_

Address: \_\_\_\_\_ Phone#: \_\_\_\_\_

Awards will be Given out After the Race

**Have FUN---Be FIT---Stay Physically ACTIVE as a Family**